

## Announcement for Meeting Contact People

by Karen

We have heard about this scam where a person pretends to be interested in OA as a newcomer. They invite you to talk more about it on Zoom with them. Then they exploit the member's 12 Step efforts by displaying inappropriate images on their screen.

Please know that **no one needs to get on Zoom to hear about OA**. You can talk on the phone and leave it at that. "Let's meet at a meeting" is good. Please warn your meetings about this latest scam.

If you are a contact person for an OA meeting, you might feel safer if instead of your regular phone number, you get a different phone number just for these inquiries. Anyone with a gmail address/account can obtain one free virtual phone number. Visit <https://voice.google.com/>.

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### Region 8 Representative Needed

by Julia

Did you know that OA is a worldwide organization? As part of OA, we participate not only in our intergroup, COLA, but also in Region 8, which includes the Southeastern United States, the Caribbean, and South America. Region 8 works in addition to individual intergroups to support OA members and groups.

COLA is looking for a representative to attend Region 8 meetings and report back to COLA on those meetings. The representative will also serve on a Region 8 committee, helping those throughout Region 8. A Region 8 representative must be actively practicing the Twelve Steps and the Twelve Traditions of Overeaters Anonymous and have a minimum of 6 months of current continuous abstinence. Don't worry if you have no experience – there are plenty of current and former reps around to help you. Please get in touch if you would like to be considered or like more information.

### Region 8 Representative Needed

by Julia

Mark your calendars! COLA and BRIG (Baton Rouge Intergroup) are co-hosting an OA recovery convention in Baton Rouge March 14-16, 2025. There will be fellowship with people all over the South, great speakers, entertainment, and time for reflection. Region 8 will also be holding a business meeting during the weekend.

We need your help to make the convention a success. Please sign up to volunteer to help plan the convention or to help at the convention. We need help with running projectors for the speakers, people to staff the hospitality suite, people to help in the boutique, assist with literature, help with decorations, assist with planning the entertainment, help gather items for fundraising, assist with registration before or at the convention, help spread the word about the convention through the media, and act as a page or runner for the business meeting. Contact us at (504) 366-3230 or [oaneworleans@gmail.com](mailto:oaneworleans@gmail.com) if you are interested in volunteering!



**Houma, LA Groups are celebrating 47 years of recovery!**

## ***Carrying Out Our Primary Purpose for 47 Years***

***Saturday, September 14, 2024***

***Terrebonne Parish Main Library  
151 Library Drive  
Houma, Louisiana 70360  
985-876-5861***

***Hybrid Celebration: Face to Face and Zoom: Face to Face Speaker  
See you in Person or on Zoom!***

Join Zoom Meeting

<https://us02web.zoom.us/j/82383026495?pwd=L0FkcVo3WlVlc2YzYzFiMjZPQINwZz09>

Meeting ID: 823 8302 6495 Passcode: 080287 One tap mobile  
+13052241968,,82383026495#,,,,\*080287# US

For audio only: Dial +1 346 428 7799 US (Houston) Meeting ID: 823 8302 6495 Passcode: 080287

**Door Opens @ 9:00am Program Starts @ 9:30am to 4:00pm CST**

**Lunch @ 11:30am– 1:00pm (Brown Bag It or Near by Restaurants)**

**For More Info Contact: Janice S. @ 985-879-1341 [janices684@aol.com](mailto:janices684@aol.com)**





# Travel the River Road to Freedom

## SOAR 8 Recovery Convention and Business Assembly

Hosted by Baton Rouge Intergroup and Central Office of Louisiana Intergroups

**SAVE THIS DATE: March 14 – March 16, 2025**

### Hotel Information

**Holiday Inn Baton Rouge  
South**

**9990 Airline Hwy.**

**Baton Rouge, LA 70816**

**225.924.7021**

**Check in 3 PM / Check out  
Noon**

**Louis Armstrong New  
Orleans International  
Airport / MSY – 65 miles**

**Baton Rouge Metropolitan  
Airport / BTR – 10 miles**

### Hotel Rates:

**Standard Double Room  
\$134.95 per night**

**Sleeps Four, Includes hot  
breakfast for Two**

**Addnl. Breakfast tickets  
available for \$10.95 each**

**Rooms have fridge, microwave  
and free in-room Internet**

**Free Parking**

**Deadline to book hotel room  
on event block: 2/10/2025**

### Meal Fees:

**Saturday Lunch (Hot Buffet with 3  
Entrée Options): \$39**

**Saturday Banquet (Hot Buffet with  
Prime Rib or Chicken Supreme):  
\$56**

**All meal orders due by 3/5/2025**

### Committee Co-Chairs

**Katrina S. (225) 715-4988**

**Kssoar8@gmail.com**

**Julia S. (985) 788-3411**

**spearjc@gmail.com**

### Registration Fees:

**Early Bird Registration: \$60  
(Before 2/10/2025)**

**Registration: \$75 (After 2/10/2025)**

**Saturday Only Registration: \$45**

**Virtual Assembly Registration:  
\$45 (Business Assembly Only)**

If you are interested in volunteering for the Travel the River Road to Freedom Recovery Convention and Business Assembly, please email us at [oaneworleans@gmail.com](mailto: oaneworleans@gmail.com) or call (504) 366-3230 and leave a message.

# SAVE THE DATE

## SOAR 8 BUSINESS ASSEMBLY & RECOVERY CONVENTION

*September 20-22, 2024*

DoubleTree by Hilton

Deerfield Beach/Boca Raton, FL 33441

### *Building a Firm Foundation- Steps 1-3*

**Sunday, June 9, 2024**

**3:00- 5:00p.m. (EST)/ 2:00- 4:00 p.m. (CST)**

#### Join us for a virtual interactive workshop:

A Guest speaker for each Step 1-3

Followed by open Sharing

Interactive activity: Mind Mapping!

**ZOOM ID: 833 3622 1986    PASSCODE: 434673**

Join Zoom Meeting:

<https://us02web.zoom.us/j/83336221986?pwd=eDhqdGNkQjNaUVdtU1pvc1dPOVZRZz09>

Please consider giving a 7th Tradition donation to Region 8 at

(<https://oaregion8.org/region-8/contributions/>)

For more information, please contact:

Susan F. [smfitzmaur@gmail.com](mailto:smfitzmaur@gmail.com) or Sandi JC at (912) 464-4231.





## Current Local Meeting Information

### **MONDAY 5:30 PM (Houma) PHONE MEETING**

*Fresh Start #33884*

Contact the person below for information on where and how to join the meeting.

Contact: Janice [janices684@aol.com](mailto:janices684@aol.com) or (985) 879-1341

### **MONDAY 7:00 PM (New Orleans) ONLINE MEETING**

*And We Will Know Peace #801422*

Zoom meeting link: [zoom.us/join](https://zoom.us/join)

Zoom meeting ID: 865 737 16267

Zoom meeting password: THINK

Contact: [COLAIG](mailto:COLAIG) (504) 366-3230

### **TUESDAY 12 NOON (Metairie) ONLINE MEETING**

*Big Book Meeting #801423*

Zoom meeting link: [us02web.zoom.us/j/85464391173?pwd=WUlpSmIVYlIcwSlhgT2RGZTzN1RytCUT09](https://us02web.zoom.us/j/85464391173?pwd=WUlpSmIVYlIcwSlhgT2RGZTzN1RytCUT09)

Zoom meeting ID: 854 6439 1173

Zoom meeting password: 12121212

Contact: Karen T. (203) 526-3590

### **TUESDAY 6:15 PM (Metairie) ONLINE MEETING**

*Terrific Tuesday #801135*

Zoom meeting link: <https://us02web.zoom.us/j/88109387154?pwd=VTcyb0lncndDUG96UjVlSkFKakFxQT09>

Zoom meeting ID: 881 0938 7154

Zoom meeting password: 12121212

Contact: Patti (225) 614-5294

### **WEDNESDAY 12 NOON (Mandeville) IN-PERSON**

*A.B.C. Group #46263*

Location: St. Timothy Church, 335 Asbury Drive, Rm 102

Contact: Nancy (985) 626-7194

### **THURSDAY 10:15 AM (Houma) PHONE MEETING**

*New Hope #04439*

Contact the person below for information on where and how to join the meeting.

Contact: Janice [janices684@aol.com](mailto:janices684@aol.com) or (985) 879-1341

### **THURSDAY 6:00 PM (Slidell) IN-PERSON**

*Serenity Seekers #51536*

Location: The Richard Carroll Evangelization Center, St. Margaret Mary Church, 1050 Robert Blvd.

Location Note: Enter from Robert Blvd., proceed straight back to the end of the driveway. The Center is located to the left of the gym.

Contact: Julia S. (985) 788-3411

### **THURSDAY 6:00 PM (New Orleans) IN-PERSON**

*Welcome Home #57894*

Location: 734 Nashville Avenue, Imagine Therapy & Community Center

Location Note: 734 Nashville Avenue just off Magazine St., 1 block from Whole Foods

Contact Information: Ellen (504) 258-3819

### **SATURDAY 9:00 AM (Mandeville) HYBRID MEETING**

*Saturday Survivors Meeting #33689*

Location: St. Timothy's Church, 335 Asbury Dr., Room 102

Zoom meeting ID: 480 799 6960

Zoom meeting password: 101263

Meeting notes: Please call before attending meeting in-person.

Contact: Ann S. (985) 893-2423

### **SATURDAY 9:00 AM (Covington) FACE TO FACE**

*Friends of Rozanne #56956*

Contact the person below for information on where and how to join the meeting.

Contact: Nancy (985) 626-7194

Location: First United Methodist Church, 203 N Jefferson Avenue - Fellowship Hall.

### **SATURDAY 12:00 PM (Metairie) FACE TO FACE**

*We Are the Message #57848*

Contact the person below for information on where and how to join the meeting.

Contact: Steven (504) 377-7491

Location: 5122 W. Esplanade Ave., Metairie, LA