

OA Board Approves New Policy Stating OA Does Not Endorse Minors Attending OA Meetings

The new OA board policy states:

Overeaters Anonymous, Inc. does not endorse allowing minors to attend face to face, online, telephone, or non-real-time meetings. Any decision to allow such individuals to attend a meeting is made locally. In this, OA is guided by the spirit of Tradition Four: "Each group is autonomous except in matters affecting other groups or OA as a whole." It is recommended that a group or service body considering allowing minors to attend meetings, first obtain legal advice. Legal advice should be obtained before allowing such individuals to attend and before creating or instituting any applicable policies. Keep in mind that laws and rules regarding this issue may vary by country and jurisdiction. Other Twelve Step fellowships might be consulted or studied, but Overeaters Anonymous' service structure is its own.

Note: The definition of a minor is based on the legal requirements within a state, province, and/or country.

See [New Policy](#) for more information

Save the Dates

Houma's 48th Birthday Party
September 13, 2025
Houma, LA

**SOAR 8 Recovery Convention
and Business Assembly**
March 14–16, 2025
Baton Rouge, LA

COLA-Sponsored Retreat
TBD: November, 2025
Our Lady of Hope Retreat Center
Chatawa, MS

World Service Convention
August 21–23, 2025
Orlando, FL

Current Local Meeting Information

MONDAY 5:30 PM (Houma) PHONE MEETING

Fresh Start #33884

Contact the person below for information on where and how to join the meeting.

Contact: Janice janices684@aol.com or (985) 879-1341

MONDAY 7:00 PM (New Orleans) ONLINE MEETING

And We Will Know Peace #801422

Zoom meeting link: zoom.us/join

Zoom meeting ID: 865 737 16267

Zoom meeting password: THINK

Contact: COLAIG (504) 366-3230

TUESDAY 12 NOON (Metairie) ONLINE MEETING

Big Book Meeting #801423

Zoom meeting link: us02web.zoom.us/j/85464391173?pwd=WUlpSmIVYlIcwSlhgT2RGZTzN1RytCUT09

Zoom meeting ID: 854 6439 1173

Zoom meeting password: 12121212

Contact: Karen T. (203) 526-3590

TUESDAY 6:15 PM (Metairie) ONLINE MEETING

Terrific Tuesday #801135

Zoom meeting link: <https://us02web.zoom.us/j/88109387154?pwd=VTcyb0lncndDUG96UjVlSkFKakFxQT09>

Zoom meeting ID: 881 0938 7154

Zoom meeting password: 12121212

Contact: Patti (225) 614-5294

WEDNESDAY 12 NOON (Mandeville) IN-PERSON

A.B.C. Group #46263

Location: St. Timothy Church, 335 Asbury Drive, Rm 102

Contact: Nancy (985) 626-7194

THURSDAY 10:15 AM (Houma) PHONE MEETING

New Hope #04439

Contact the person below for information on where and how to join the meeting.

Contact: Janice janices684@aol.com or (985) 879-1341

THURSDAY 6:00 PM (Slidell) IN-PERSON

Serenity Seekers #51536

Location: The Richard Carroll Evangelization Center, St. Margaret Mary Church, 1050 Robert Blvd.

Location Note: Enter from Robert Blvd., proceed straight back to the end of the driveway. The Center is located to the left of the gym.

Contact: Julia S. (985) 788-3411

THURSDAY 6:00 PM (New Orleans) IN-PERSON

Welcome Home #57894

Location: 734 Nashville Avenue, Imagine Therapy & Community Center

Location Note: 734 Nashville Avenue just off Magazine St., 1 block from Whole Foods

Contact Information: Ellen (504) 258-3819

SATURDAY 9:00 AM (Mandeville) HYBRID MEETING

Saturday Survivors Meeting #33689

Location: St. Timothy's Church, 335 Asbury Dr., Room 102

Zoom meeting ID: 480 799 6960

Zoom meeting password: 101263

Meeting notes: Please call before attending meeting in-person.

Contact: Ann S. (985) 893-2423

SATURDAY 9:00 AM (Covington) FACE TO FACE

Friends of Rozanne #56956

Contact the person below for information on where and how to join the meeting.

Contact: Nancy (985) 626-7194

Location: First United Methodist Church, 203 N Jefferson Avenue - Fellowship Hall.

SATURDAY 12:00 PM (Metairie) FACE TO FACE

We Are the Message #57848

Contact the person below for information on where and how to join the meeting.

Contact: Steven (504) 377-7491

Location: 5122 W. Esplanade Ave., Metairie, LA